

SALTS IF BACKACHE AND KIDNEYS HURT

Stop Eating Meat for a While if Your Bladder Is Troubling You

When you wake up with backache and dull misery in the kidney region, it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid, which overworks the kidneys in their effort to filter it from the blood, and they become sort of paralyzed and laggard. When your kidneys get sluggish and clog, you must relieve them, like you relieve your bowels, removing all the body's urinous waste, else you have backache, sick headache, dizzy spells, your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds, and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness.

Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure, and makes a delightful, effervescent, lithia-water drink.—Adv.

SOUTH BARRE

There will be an annual meeting at the Spiritualist hall, South Barre, Saturday, March 27, at 7 p. m.

The South Barre school has closed for a two weeks' vacation.

Mrs. George Allen, who has been on the sick list for the past week, is reported better.

Miss Fleeta Lewis and friend of East Barre spent Sunday with her aunt, Mrs. O. A. Laughlin.

South Barre grange will hold its next meeting at the hall to-night.

Mr. Spencer has moved his family from Barre City to South Barre into one of W. T. Jackson's tenements on Main street.

Mrs. Fred McAllister is on the sick list.

YOU'RE CONSTIPATED, BILIOUS!—CASCARETS

Sick Headache, Sour Stomach, Gas, Bad Breath, Mean Liver and Bowels Need Cleansing

Get a 10-cent box now. No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress, if you will take a Cascaret now and then. All druggists sell Cascarets. Don't forget the children—their little insides need a gentle cleansing, too.—Adv.

Be Your Own Beauty Doctor



Cuticura Soap and Hot Water

Preceded by light touches of Cuticura Ointment will help you.

Samples Free by Mail

Cuticura Soap and Ointment sold everywhere. External use of Cuticura Soap and Ointment. Address: Post-office "Cuticura," Dept. 107, Boston.

Fire Insurance

I represent seventeen of the largest and best Stock and Mutual Fire Insurance Companies. Ask for rates.

J. W. DILLON

2 and 4 South Barre, Barre, Vt.

RANDOLPH

Death of Miss Jennie Godfrey was Shock to Many People.

The people in town were shocked on Wednesday morning to learn of the death of Miss Jennie Godfrey. She was known to be ill, but people were not expecting her death. Miss Godfrey had been for several years a constant sufferer, having been troubled with a form of rheumatism, a similar disease, which made her lame, but it was not till about one week ago that she was taken with acute rheumatism which was attended with a high fever and rendered her intensely through the last week. Miss Godfrey was one of five children, three sons and two daughters, born in Braintree to Mr. and Mrs. Ethan and Ruth (Heath) Godfrey. One brother died in infancy, but the others survive her, and are Mrs. G. W. Scott of this town, Edward Godfrey, who has been at home, and Sherman Godfrey, who now lives on the farm. Miss Godfrey had reached the age of 48 years, and for years had been a popular and successful teacher. For many years she taught in Hartford, leaving there to come here where she was the teacher in the seventh grade, when her health failed seven years ago, and she was obliged to leave her work and go to the home of her parents in this village. In town she was well known, and although she had been out of town teaching, and later had been obliged to be at home from ill health, her friends remembered her and the friendships formed in former years were kept up to the pleasure and enjoyment of all. Of a pleasing personality and a woman of fine intellect, it was pleasure to meet her. Through all the years of suffering, she was patient and sought to make the best of the condition. She is also survived by her parents, her father being in feeble health. In Friday, although the arrangements are not yet perfected.

Mrs. Charles Whitten is critically ill at the sanatorium, and her condition gives much alarm. Edwin Goodwin, who was struck by the train two weeks ago, is reported as not as well, and fears are entertained about one lung which seems to be filling with a fluid. Mrs. N. C. Buck left Wednesday for Wardsboro, where she was to make an official visit upon the Rebeck lodge in that place, and on Thursday night she will go to South Londonderry to inspect the lodge there, returning home on Friday. Miss Lenora Carlin came from East Granville Wednesday for a visit here with old acquaintances. Mrs. A. H. Ford, who has been the guest of her son, John Ford, and wife, since last week, left here on Wednesday for her home in Granville, going by the way of Bethel and Rochester. Mrs. John Ford, Mrs. C. R. Steele, and Miss Inez Littlefield accompanied her as far as Bethel.

BETHEL

Sam Lee Abbott and his son, S. L. Abbott, Jr., have been visiting in Middlebury and Rutland.

Those who will go to Washington, D. C., in the high school party next Friday are Mrs. W. L. Fish, Leonard Fish, Harold Shaw, Philip Noble, Bertha Spaulding, Katherine Rogers and Mildred Shaw.

Miss Winnifred Wilnot is home from Claremont, N. H., for her Easter vacation. A daughter was born March 21 to Mr. and Mrs. Daniel Carney.

Greene & Nickerson, the milliners, have moved their stock of goods from the Gilson house to the Lavery block.

E. E. Melcher has moved his family from Lebanon, N. H., and is living in E. F. McCullough's upper tenement.

C. O. Spaulding is attending the annual meeting of the New England Coal Dealers' association in Boston.

Windsor town team defeated Bethel town team at basketball in Windsor last Friday night, 24 to 19. The return game will be played in Bethel next Friday night.

Mrs. Nellie Boyd has returned from Canandaigua, N. Y.

SOUTH RANDOLPH

Henry Race and Lee Blodgett are working for E. P. Riford during sugaring, and Frank Carey is helping J. C. Greene.

Mrs. Archie McPhetres has been visiting friends at Lynn, Mass.

Mrs. Bertha Freeman has been visiting her father in Burlington.

Will Gifford is on the sick list.

BRADFORD

John Souther, who has spent part of the winter with his brother, Joseph, has returned to his home in Burlington.

Solon Stevens and wife are moving into the house lately vacated by Nelson Lamb.

Carlton Johnson was a visitor in St. Johnsbury Tuesday.

Mrs. Arthur K. Johnson and Miss Ruby Carlton have been ill the past week with the prevailing distemper.

The play which was given by the members of Bradford academy in village hall Thursday evening was reported good, and there were a goodly number present, considering the great amount of sickness. On Friday evening they went to West Newbury and presented the same play to a full house, after which promenade was enjoyed for a time.

Harry Kelley of Fairlee is at Arthur Johnson's this week, pressing hay.

John Munn of Fairlee took the Bradford K. K. club to Pike, N. H., in his automobile Tuesday evening, where they won a game of baseball against the Mounts of that place. The score was 25 to 5.

A Sign of Beauty is a Joy Forever.

D. T. Fette Goussard's Oriental Cream or Magical Beautifier.

It is the best of all skin preparations, and every woman who uses it will find it the most perfect and most economical of all.

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MONTPELIER

Funeral of J. H. Lucia Held from Christ Church.

The funeral of J. H. Lucia was held from Christ church yesterday afternoon. Rev. Homer A. Flint officiating. The Washington County Bar association, court officials, Brooks post, G. A. R., and the Woman's Relief corps attended in a body. The bearers were George L. Blanchard, Henry L. Farwell, Edward H. Deavitt and Ray W. Huse. The remains were placed in the tomb at Green Mount cemetery, Brooks post and the W. R. C. doing escort duty.

The Irwin & Hall Co. of Swanton, organized to deal in hardware, paints, etc., filed articles of incorporation yesterday with the secretary of state. The capital stock is \$10,000 and the signers L. G. Ervin, O. A. Hall and C. J. Williamson, all of Swanton.

The fourth annual banquet of the Tufts college club was held in Montpelier Tuesday evening, the following officers being elected: President, F. E. Kimball of Burlington; vice-president, Stanley C. Wilson of Chelsea; secretary and treasurer, S. E. Darling of Hardwick. Dr. W. L. Hooper, for ten years acting president of Tufts college, was the principal speaker of the evening. At present the Vermont club has over 100 members. Those who were present Tuesday evening were L. D. Pierce of Rochester, Stanley Wilson of Chelsea, F. E. Kimball and A. F. Hawes of Burlington, L. E. Dix of Northfield, O. K. Hollister of Barre, E. O. Blanchard of Burlington, L. D. Coburn of East Montpelier, C. L. Scott of Northfield, F. M. Lynde, Rev. J. B. Reardon and Harvey Averill of Barre; D. R. Campbell of this city, Sumner E. Darling of Hardwick, H. A. Burt of Taunton, Mass., Dr. W. L. Hooper of Boston.

NORTH MONTPELIER

Mrs. Harry Coburn and daughter, Laura, were guests of Mrs. Theo. Clark of last week.

Miss Grace Hamblett is ill with gripe. Ephie Pray was a business visitor in Barre Monday.

H. J. Conant was ill and unable to return to his work at Montpelier last week.

Mrs. Alma Little was in Montpelier Monday.

Nellie Conway spent the week end at her home in Barre.

Miss Helen Sparrow was at her home in Calais last week.

Mr. and Mrs. George L. Pray visited at William Stanley's one day last week. Mrs. Flora Simmons is visiting at her father's, Aro Slayton.

Mrs. Ellen Greeley is ill and under the doctor's care.

Mr. and Mrs. Edgar Kidder and children of Hookerville visited at Aro Slayton's over the week end.

John Hay and Robert Davis, who are working in the sawmill, were injured by being caught in the shafting last Saturday. It was at first feared that they might be seriously hurt, but no bones were broken, and, although they were quite badly bruised and shaken up, they are gaining rapidly. A nurse from Barre is caring for them and it is expected they will be out in a few days.

WORCESTER

Roger Hovey, Aged 50 Years, Died After Prolonged Illness.

Roger Hovey, son of Fred Hovey, died about 2 o'clock Tuesday morning, after a very painful illness of a week. He was about 50 years old. The funeral was held at the church this afternoon at 1 o'clock. The family have the sympathy of their many friends in town.

Henry Adams and Mrs. Fred Willey are on the sick list. The latter's mother, Mrs. Merrill from Montpelier, is caring for her.

Roy Gray is able to sit up a little, having begun to improve after an illness.

Howard Curtis is visiting his grandparents, Mr. and Mrs. H. H. Pierce, in Huntington.

Mrs. A. Barney is visiting in Montpelier.

Dorothea Bolton is the guest of Margaret Curtis for a week.

NORTHFIELD

Plans Made to Welcome People Back Next Summer.

At a meeting of the citizens of Northfield last evening in the interest of the Chautauque and old home week, plans for next summer, the following officers were elected to have charge of the arrangements: President, Rev. Clinton Scott; first vice-president, Hon. Frank Phinney; second vice-president, Senator Heber Cady; third vice-president, John Harrigan; fourth vice-president, Mrs. Fred N. Whitney; secretary, Rev. John R. Carter; treasurer, C. L. Moore.

The following committee chairmen were also elected, they to select the other committee members to serve with them: Publicity, S. J. Matson; ticket, Henry Orser; property, J. P. Radom.

Northfield has long felt the need for some attraction that would bring back to the vicinity former residents and friends of the town, and it is believed that a Chautauque week, with an old home week feature will in a very material way meet this desire.

WASHINGTON

Mrs. Madara H. Clough, who has been spending the winter with her daughter, Mrs. C. L. Slack, in West Berlin, returned to her home here last Sunday.

Mrs. W. W. Downing and two children are visiting her parents, Mr. and Mrs. C. H. Tark, in South Royalton.

Mrs. Julia Hutchinson is seriously ill at the home of her son, Dr. W. O. Hutchinson, with whom she has lived for the past few years.

Regular meeting of Washington grange, No. 206, will be held March 26 and the following program will be carried out: Piano solo, Miss Lillian Bradbury; reading, H. W. Downing; paper, "What is the Hardest Part of a Woman's Work?" the Farm, and How Can It Be Made Easier?" Mrs. Alfred Deane; vocal solo, Miss Laura Tyler; discussion, "The Best and Most Economical Method of Fattening Hogs" speakers, L. L. Wood and York Osborn; song, 163 in "George Melrose"; reading, "The York Osborn"; song, ladies' quartet.

The grange's ball, which was held here last Friday night, was a decided success. There were 65 couples present.

NORWICH UNIVERSITY

At a meeting of the senior class on Wednesday morning, the following committees for commencement activities were appointed by President J. D. Murphy: Commencement week, Foster, Murphy, Craig; commencement hop, Peabody, G. M. Ryder, Whittaker; commencement week programs, Bennett, McKenny, Foskett; commencement banquet, Holland, Sleeper; class albums, Burditt; class step, Cross; class picture, Anderson, Magee, Peabody, L. E. The design for the commencement week program has been decided on and will be delivered about June 1.—At a meeting of the corps after chapel yesterday, it was voted to buy khaki trousers. These will be worn in the field, on the rifle range and when doing outside work, as well as for riding.—E. J. Collins, '14, of Bens Run, W. Va., arrived in town the first of the week for a visit with his parents, Mr. and Mrs. R. A. Collins. Mr. Collins is with the U. S. engineers at work on the Ohio river dams.—The high man in the last rifle shoot was R. E. Knapp, '17, who shot a string of 108 out of a possible 200.—On two afternoons of last week, the corps went to the baseball diamond and removed some of the ice, so that the field will dry sooner.—Last Thursday evening, the members of the Sigma Phi Epsilon fraternity held a dinner at their house, in honor of the birthday of the fraternity.—A. G. Wheeler, '14, of Waterbury, Howard Fall, ex-'06, of Malden, Mass., and Philip Avery of Boston were among those from out of town to attend the Alpha Sigma Pi banquet on Monday night.—Announcements have been received of the birth of a son, Randolph Clinton, to Mr. and Mrs. C. C. Barnes of Florence, on March 12.

Mr. Barnes was graduated from N. U. in 1914.—The 57th annual initiatory banquet of the Alpha Sigma Pi fraternity was held at their chapter house on Main street in Monday evening.

After the six-course dinner had been partaken of, D. E. Holland, '15, acting as toastmaster, called for the following toasts: "Alpha Sigma Pi," H. R. Anderson, '15; "My Corporal," E. B. Dawson, '16; "Rooks," W. R. Palmer, '18; "Alumni," H. C. Cady, '01; "The Fair Sex," E. H. Brooks, '16; "Norwich," F. C. Berry, '16; "Reminiscences," R. A. Eaton, '08; "Aspirations," George E. Carpenter, '11; "Improvement," The initiates were: C. T. Bonney, '18; R. A. Burt, '18; J. W. Mylchreust, '18; W. R. Palmer, '18; G. E. Rogers, '18; D. D. Steele, '18. The guests included Professors W. A. Shaw and Flint, R. C. Kimball, '14, A. G. Wheeler, '14, Ed. Wilder, John Cross, J. M. Bullock, Fred Davis, ex-'16, George E. Carpenter, '11, George C. Sanborn, Dr. Huntley, R. A. Eaton, '00, R. J. Duke, ex-'17, Philip S. Avery of Boston and Howard Fall, '06, D. E. Holland, '15, George B. Anderson, '16, F. C. Berry, '16, H. J. Kinsman, '16, and B. W. Jacobs, '17, were the committee in charge.—Easter vacation commences next Tuesday, March 30, at recall from school, and ends Tuesday evening, April 6, at retreat.—At the annual meeting of the Phi Kappa Delta fraternity, held recently, E. G. Adams, '16, was elected treasurer, and H. R. Boulia, '16, steward.—The five seniors who are to take part in the horse shows in Brooklyn and Boston, soon after Easter, are putting in a good deal of practice in the riding hall, perfecting themselves.—The first dress parade of the season was held Tuesday afternoon. These parades will take place once or twice a week from now on.

ORANGE

There will be preaching in the church here March 28 and the following Sunday by the pastor, Amos Lord.

PLAINFIELD

Seats for "Paid in Full" on sale at the drug store. First come, first served.

CLEANSSE YOUR HAIR MAKES IT BEAUTIFUL

It Becomes Thick, Wavy, Lustrous and All Dandruff Disappears—Hair Steps Coming Out.

Surely try a "Danderine hair cleanse" if you wish to immediately double the beauty of your hair. Just moisten a cloth with Danderine and draw it carefully through your hair, taking one small strand at a time; this will cleanse the hair of dust, dirt, or any excessive oil—in a few minutes you will be amazed. Your hair will be wavy, fluffy and abundant and possess an incomparable softness, luster and luxuriance.

Besides beautifying the hair, one application of Danderine dissolves every particle of dandruff; invigorates the scalp, stopping itching and falling hair.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

You can surely have pretty, soft, lustrous hair, and lots of it, if you will just get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter and try it as directed.—Adv.

Knowlton's Danderine is sold everywhere.

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Simplified Driving

On the Overland (Model 80) steering column is a set of electric buttons. By just gently pressing these buttons, the car is electrically started, stopped and lighted.

No other method is as simple, as accessible, as positive or as reliable.

"But"—you say—"other cars have this advantage."

Certainly—but only those cars that sell at a much higher price.

Why pay more?

Buy an Overland and save money.

Model 80	Model 81
5 Passenger Touring Car	5 Passenger Touring Car
\$1075	\$850

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GOOD GOODS

should not only be kept in stock---they deserve to be displayed to the very best advantage.

Type C Mazda lighting is designed for the store where reliable, attractive goods are kept---goods that are good enough to benefit by being shown in the "next thing to daylight".

Do you realize the effectiveness and economy of the new Type C Mazdas?

Consolidated Lighting Co.



\$2-Wood-\$2

Green Hard and Soft Wood Slabs delivered from the car for only \$2 a load

Arthur S. Martin

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